

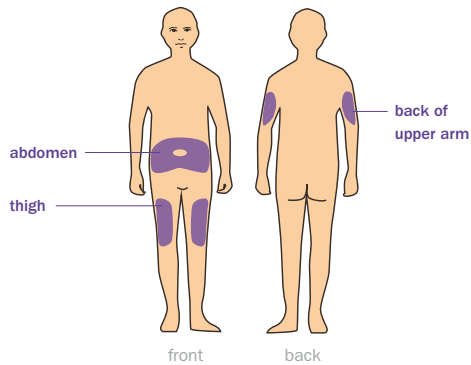
# Benepali™ Autoinjector Pen

## Quick Use Guide

This quick use guide is a shortened version of the patient information leaflet. These instructions are supplied as a guide only. **Please read the full patient information leaflet before you use your pen for the first time.**<sup>1</sup>

**REMOVE THE PRE-FILLED PEN FROM THE REFRIGERATOR 15-30 MINS PRIOR TO INJECTION TO REDUCE PAIN.**

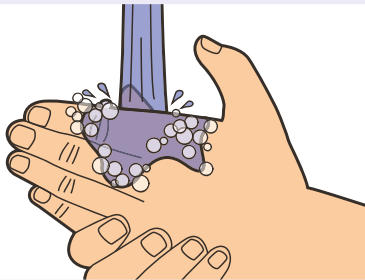
### CHOOSE AN INJECTION SITE



**THE BENEPAI™ PRE-FILLED PEN IS FOR A SUBCUTANEOUS INJECTION. IT SHOULD BE INJECTED INTO THE THIGH, ABDOMEN, OR BACK OF THE UPPER ARM. ROTATE THE SITE FOR EACH INJECTION.**

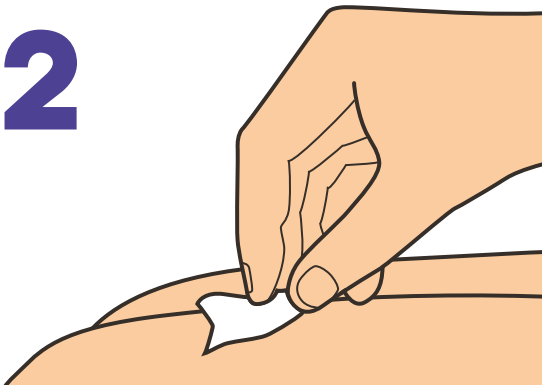
- ▶ If you are injecting into the abdomen, choose a site that is at least 5 cm away from the belly button.
- ▶ **Do not** inject into areas that are red, hard, bruised, or tender.
- ▶ **Do not** inject into scars or stretch marks.
- ▶ If you have psoriasis, **do not** inject into any raised, thick, red, or scaly skin patches, or lesions.

# 1



**1 | WASH YOUR HANDS WITH SOAP AND WATER.**

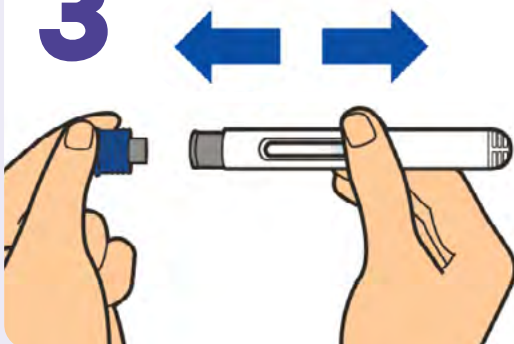
# 2



**2 | WIPE THE SKIN AT THE INJECTION SITE WITH AN ALCOHOL SWAB.**

- ▶ **Do not** touch this area again before giving the injection.

# 3



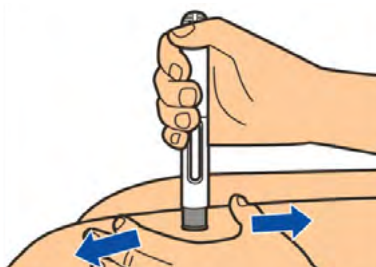
**3 | PULL THE NEEDLE CAP STRAIGHT OFF AND DISPOSE OF IT IN THE BIN OR SHARPS CONTAINER.**

- ▶ **Do not** twist or bend the needle cap while removing it, as this may damage the needle.
- ▶ **Do not** recap the needle.
- ▶ **Never** recap the needle.

# Benepali™ Autoinjector Pen

## Quick Use Guide (cont.)

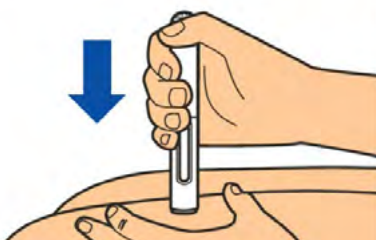
# 4



**4 | GENTLY STRETCH THE SKIN AT THE CLEANED INJECTION SITE.**

- ▶ Position the pre-filled pen approximately 90 degrees to the skin.
- ▶ Do not pinch the skin.
- ▶ Stretching the skin creates a firm surface.

# 5



**5 | FIRMLY PRESS THE PRE-FILLED PEN DOWN INTO THE SITE TO START THE INJECTION.**

- ▶ The device will click when the injection begins.
- ▶ Continue to hold the pre-filled pen firmly pressed into the site.
- ▶ The device will click a second time.

# 6



**6 | AFTER THE SECOND CLICK, COUNT SLOWLY TO 15 TO MAKE SURE THAT THE INJECTION IS COMPLETE.**

- ▶ Do not release pressure against the injection site before the injection is complete.
- ▶ Do not move the pre-filled pen during the injection.

# 7



**7 | REMOVE THE EMPTY PEN FROM THE SKIN.**

- ▶ The needle guard will completely cover the needle.
- ▶ Check for the yellow plunger rod in the window to confirm that the full dose has been delivered.

## DISPOSAL



### DISPOSE OF THE EMPTY PEN IN AN APPROVED SHARPS CONTAINER

Check with your healthcare provider for instructions on how to properly dispose a filled sharps container.

**Do not** throw the sharps container in household bin.

**Do not** recycle.

**Always keep the container out of the sight and reach of children.**

#### Adverse events should be reported.

To report an adverse event please use the relevant telephone contact numbers you will find [here](#).

Alternatively, email: [medinfo.europe@biogen.com](mailto:medinfo.europe@biogen.com)

#### References:

1. Benepali™ Patient Information Leaflet. [https://www.ema.europa.eu/en/documents/product-information/benepali-epar-product-information\\_en.pdf](https://www.ema.europa.eu/en/documents/product-information/benepali-epar-product-information_en.pdf) Accessed: March 2021.

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